

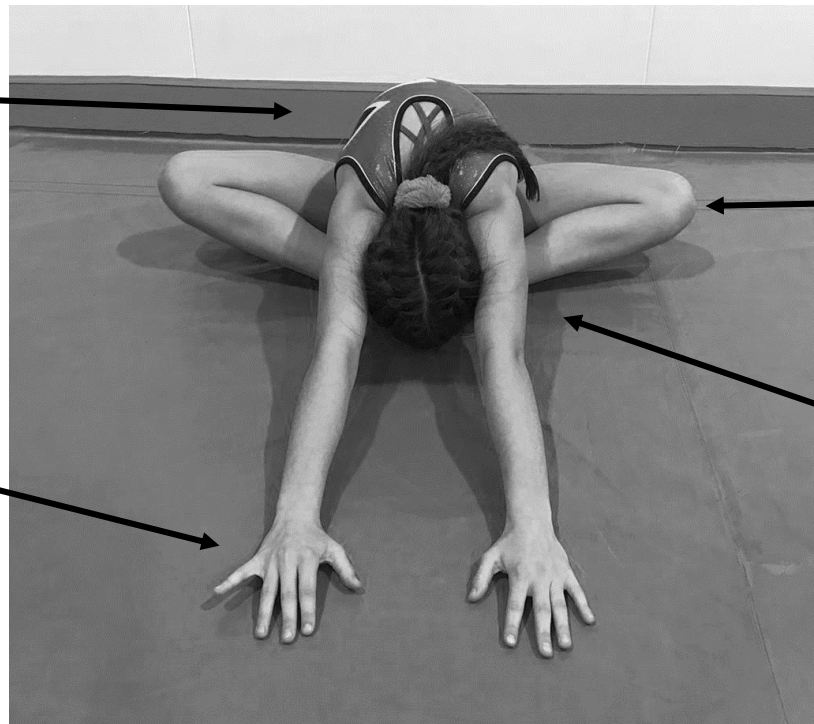
BUTTERFLY FOLD

The image below is a real-life example of a child performing a butterfly fold. Please note that although form is generally good, the skill may not yet be fully mastered.

Child's name: Class:

Keep good posture

Hands flat on floor



Push knees towards floor

Feet clasped together

I have been practising my butterfly fold at home!

Parent/carer's name: Date: