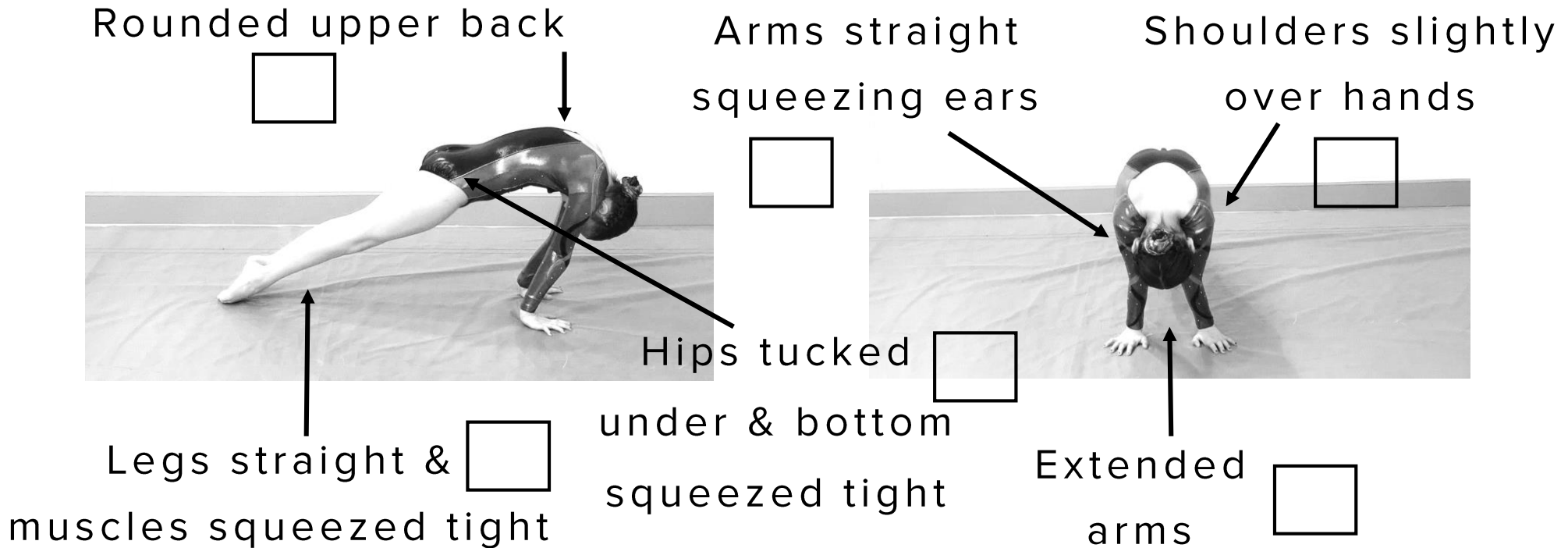


FRONT SUPPORT

The images below are real-life examples of a child performing a front support shape. Please note that although form is generally good, the skill may not yet be fully mastered.

Child's name: Class:

Instructor's name: Signature:



I have been practising my front support at home!

Parent/carer's name: Date: