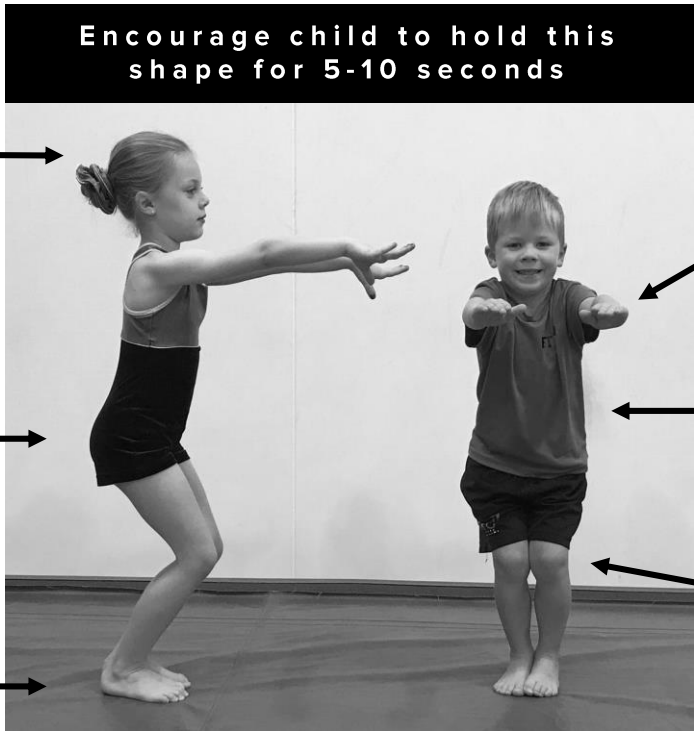


MOTORBIKE SHAPE

The images below are real-life examples of a child performing a motorbike. Please note that although form is generally good, the skill may not yet be fully mastered.

Child's name: Class:



Head neutral

Bottom tucked under

Feet flat on floor

Arms extended & horizontal

Tummy tucked in

Knees bent & facing forward

I have been practising my motorbike at home!

Parent/carer's name: Date: